We wrote with you a number of articles on Amaranthus properties (40 articles). Suddenly one Israeli company found our articles and was interested in our research. Jerzy found a similar company in Poland, which produces many products from Amaranthus. Jerzy, as you remember, previously helped in the organization of our visits to Poland from Academy of Sciences, helped also in presentation and introduction to this Company.

The interest in Amaranthus and buckwheat is based on the properties of these plants because the seeds are gluten free as we described with you about the protein composition of these plants but it was not the matching time with THE MOST IMPORTANT PROPERTIES OF THESE PLANTS.

Meeting at the Company in Poland: Jerzy, Shela, owner of the Company, Arkadi. On the table are placed different products, including oils from Amaranthus and buckwheat. In this project of Amaranthus my cooperators Pawel Pasko from Poland and Alma Leticia from Mexico helped me.
It was a big surprise that Alma Leticia, our very lovely friend, visited Israel as a representative of Mexican VIP: Alma Leticia, Shela and Arkadi in Israel.

Zenon, Hanna and Malenkaya Panenka visited us and were 10 days. They enjoyed and we enjoyed their visit. We went to the Wall.

I WAS PRAYING FOR ALL OF US AND YOUR HELP.

Hanna and Shela at the Wall.
Ellochka, Edik, Alex and Osi are in a very strong friendship, support each other.
THIS WHAT YOU ALWAYS DREAMED TO BE ALL TOGETHER

Osi, Alex and in the mirror Edik and Eleanor

All of us went to Ada’s birthday. Also Zenon’s family was with us. See Edik’s hand with a bottle of wine drinking for her health.

We are always coming to visit Ada and every second Saturday meet together with Edyunya and Osi.

Edi, Osi, Golanchik, Vered,
Yechezqel, Ada at Edi’s birthday
Edi’s birthday: Ada, Ronik (Krasavchik), Tami (Svetlaya Lichnost), Edyunya, Shela, Alex, Yaniv, Hagid and your great-granddaughter
Shela, Ada (in a new blouse which we bought in Warsaw) and ‘Svetlaya Lichnos’t at Sukot. Your grandchildren Tami and Roni are very nice, beautiful and pleasant and try to visit Ada very often.
Yours Golanchik Katanchik became even taller than he was (Golanchik with Yechezqel at Edi’s birthday), therefore I put this picture in original size to show that he is the tallest in our family. Golanchik helps us with the computer problems if we have.
My birthday we celebrated very modest (see three of us, Shela, Arkadi and Ellochka, this was our Company).

Ada, Udit and Marina never forget about my birthday

With Ada celebrating my birthday near my home
Flowers from Marina every year!!!!!! For my and Arkadi’s birthdays. Marinochka remembers you and she is as you remember always tells “bolshoe spasibo”.
Marinochka is a grandmother,
Valiya is a medical doctor
Marina invited us and we are together
Nona, Yasha, Marina, grandson, Shela, Arkadi, Valiya.
We are in strong friendship with Yasha and Marina
Dear Siomochka:

This year we were “Columbus number one”: I remembered Izynya, who told me how I can take with me such old person as you. I repeated the same with Arkadi and we went to Kazakhstan (Astana and Almaty), Tajikistan and Uzbekistan. Of course, Bob Lapidot and my new young friend from Slovakia Martin (not Milan, whom you knew), with whom we have a number of recently published articles, gave me some names for contacts.

Martin Polovka (my cooperator and Slovakian friend) and his only one daughter Terezka)
Astana (Kazakhstan), Prof. Bakhyt, Arkadi and Shela in Opera House on opera “Aba”i, the national Kazakh hero. I was the first one to visit Astana, and after me Nataniyagu was the second one!!!!!
Shela, Arkadi, and Prof. Bulat’s PhD students of Dina and Miras

Charyn Canyon, Almaty Province
After Kazakhstan we went to Tajikistan, Dushanbe. We signed an agreement with the Tajik Academy of Sciences. On the picture: Tajik Academy of Sciences: Director of the department of Foreign Affairs, Vice President, President, Shela with the Agreement in our hands, Arkadi and Prof. Firuza, who was the main contact person in Asian Countries.

Vice president, secretary, Dr. Galina, Prof. Firuza, Arkadi, Shela at the Tajik Academy of Sciences
From Tajikistan we went to Uzbekistan (Tashkent, Samarkand and Bukhara)

Meeting in the Georgian (Gruzinskom Restorane) in Tashkent: Shela, Nariza, Prof. Tatyana Hegay, Shyrik, Arkadi. Tatyana is Korean origin, your colleague, medical doctor, very intelligent, fast, energetic, business minded, but the most important that she is the best host during all my scientific life. I love her very much and want to be her host as well in Israel!!! It is a big pity that you can’t meet my new dear girlfriends Bakhyt, Tanya and Firuza from Kazakhstan, Uzbekistan and Tajikistan. All of them are intelligent and very special friends with a big Asian heart.
We visited the oldest Synagogue in Bukhara at our New Jewish Year on October 2, 2016. Tatyana organized all our visits in Uzbekistan. We found there 2.5 Jewish fellows unfortunately. Some don’t practice Judaism and the majority moved to Israel, USA and Europe (Austria, Vienna)